



Are you travelling to China?

Here are some information about
Novel Coronavirus (nCoV)



What is the Disease?

Novel Coronavirus is a new strain of coronavirus, first identified in a clusters with pneumonia symptoms in Wuhan city, Hubei province of China.

Most of the cases were epidemiologically linked to the seafood and animal market.





How is the virus transmitted ?

It's likely that the novel coronavirus originated in an animal species, and then spread to humans.

Person to person spread of the novel corona virus is reported, but it is not yet understood how easily this happens.

Other human coronavirus strains are spread from person to person through contaminated droplets from a person who is sick with the illness (through coughing or sneezing) or contaminated hands.



Is there a vaccine against the novel coronavirus?

Currently there are no available vaccine that protect against novel coronavirus.





What are the symptoms?



Cough



**Shortness
of breath**



Fever



Sore throat



headache



Is there any treatment for Novel coronavirus?

There is no specific treatment. It is mainly supportive treatment that aims at reducing symptoms.



What should symptomatic travelers coming from china do?

If you traveled to china and feel sick with fever, cough, or difficulty breathing, you should:

- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Avoid contact with others.
- Not travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.





What information sources are reliable ?

We recommend that you receive the correct information from government health agencies and do not circulate information about diseases in general. In the event that any medical support or inquiry is required, please contact:

- "Estijaba" service at the operation center - Department of Health at **8001717**
- Ministry of Health & Prevention at **80011111**
- Dubai Health Authority at **800342**

Ways to prevent the disease

1

Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).



2

Avoid close contact with anyone showing symptoms of respiratory illness.



3

Wash hands often with soap and water for at least 20 seconds.



4

Use hand sanitizer if soap and water are not available.



5

Cover coughs and sneezes with tissues.



6

Do not travel if you develop any illness symptoms.





您是否正在前往中国？

以下是避免感染新型冠状病毒肺炎
(nCoV) 的一些预防措施



是什么疾病？

新型冠状病毒是一种新的冠状病毒新毒株，在中国湖北省武汉市的肺炎病症中被首次发现。

从流行病学上讲，大多数病例与海鲜和动物市场有关。





病毒是如何传播的？

这种新型冠状病毒可能起源于一种动物物种，然后传播到人类。

据报道，这种新型冠状病毒会在人与人之间传播，但目前还不清楚这种传播的程度如何。

其他的人类冠状病毒株通过感染者(通过咳嗽或打喷嚏)产生的飞沫或手上沾染病毒的方式在人与人之间传播。



有没有针对新型冠状病毒的疫苗？

目前还没有可以预防新型冠状病毒的疫苗可用。



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会有哪些症状？



咳嗽



呼吸困难



发烧



喉咙痛



头痛

?

新型冠状病毒有没有特效药？

没有特定的治疗方法。主要以减轻症状为主的支持性治疗。



出现症状的中国游客该怎么做？

如果您到中国旅游，感觉发烧、咳嗽或呼吸困难，您应该：

立即就医。在去医生办公室或急诊室之前，提前打电话告知您最近的出行情况和您的症状。

避免与他人接触。

生病时不能旅行。

咳嗽或打喷嚏时，用纸巾或袖子(而不是手)捂住口鼻。

勤用肥皂和水洗手，每次至少20秒。

如果没有肥皂和水，则使用酒精成分的无水洗手消毒液。



哪种消息来源是可靠的？

我们建议您从政府卫生机构获得正确的信息，请不要传播有关疾病的信息。

如果需要任何医疗支持或咨询，请拨打**8001717**阿布扎比卫生局指挥中心的“Estijaba”服务



预防疾病的方式？

1 避免接触禽畜（无论活的还是死的）、禽畜市场及禽畜产品（例如生肉）。



2 避免与出现呼吸道疾病症状的人密切接触。



3 勤用肥皂和水洗手，每次至少20秒。



4 如果没有肥皂和水，则使用无水洗手消毒液。



5 咳嗽和打喷嚏时用纸巾捂住口鼻。



6 如出现任何疾病症状，请勿出行。

